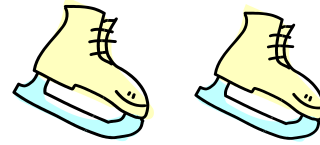


What Does NorthStar LEARN-TO-SKATE Offer?

NorthStar Learn-to-Skate offers group lessons in Westborough year round!

Youth Classes (ages 4 & up)

Wednesday & Thursday evening: 6:10 - 7:00 pm
Saturday morning: 11:40 - 12:30 pm



Tot Classes: (ages 4-5)

Tuesday Afternoon 1:15 - 2:00 pm*
Wednesday Morning 10:15 - 11:00 am* (*min. # of skaters required)
(25 minute lesson/20 minute practice. Parent(s) may skate with their child during practice time)

Adult Class

Thursday evenings: 6:10 - 7:00 pm

- All skaters receive a 25 minute lesson and a 25 minute practice. (except tots)
- We strongly recommend all skaters under 7 yrs of age wear a helmet (bike helmets are acceptable, although sports helmets provide better coverage/protection).
- Rental skates are available at the cost of \$4.00 (cash) per week available on a 1st come 1st serve basis.
- No double runner skates allowed!!!
- Skaters should dress in warm, comfortable clothing including gloves or mittens (no jeans).
- All our coaches are members of the Professional Skaters Association

ADVANCED CLASS

- Does your child truly enjoy skating?
- Has your child passed the Basic 2 test?
- Would you like for your child to receive additional lesson time?

IF YOU ANSWERED YES TO ALL THREE QUESTIONS, THEN WE HAVE THE PERFECT OPPORTUNITY FOR YOUR SKATER.....THE **PRE-SHINING STAR** ACCELERATED PROGRAM!

This program is 1-day a week (Wednesday or Thursday evening) which consists of 2 group lessons and one practice session.

E-mail Denise @ denise@nsyf.org if you'd like to learn more about our **PRE-SHINING STAR PROGRAM**.

SKATES

Ice House Sports has recently opened their second location at North Star Youth Forum. Their shop is located upstairs and hours of operation are posted on the www.northstarfsc.com website. They carry a moderately priced skate for learn-to-skaters. They also carry an extensive used skate inventory. Please call 781-237-6707 for size availability.

If you have any other questions about NS Learn-to-Skate, please call 508-366-1562 x 236 or e-mail us at northstarbliss@aol.com